



Recover. Rejuvenate. Revive.

Western Massages

Foot & Leg Refresher

This treatment will help to balance water retention, stimulate lymphatic flow, and energize tired feet and legs

45 min | Rs 1,450

Stress Away Back to Scalp

From your sore back up to your tensed shoulders, the nape of your neck to the top of your crown this deeply relaxing, flowing massage sequence helps to open up your shoulders, create space, teasing and stretching out the back of the neck, whilst softening the scalp. Restores comfort and mobility to the back, neck and shoulder area.

45 min | Rs 1,450

Relaxing Aromatherapy Massage

A relaxing body massage with essential oils to relax the body and the mind.

60 min | Rs 2,200

75 min | Rs 2,650

90 min | Rs 3,000

Deep Tissue Intense Relief

A pressure massage beneficial in releasing chronic muscle tension.

75 min | Rs 3,250

90 min | Rs 3,600

Re-energising Hot Stones

To dispel stress and tension and restore the body's balance. Effleurage and strokes are used in combination with the penetrating warmth of basalt stones and revitalising essential oils.

90 min | Rs 3,350

Foot Reflexology

Based on acupuncture points, foot reflexology is a method of stimulating the reflex points in the feet, which leads to relaxing and rejuvenating each and every part of your body. In addition to easing tension, foot reflexology will also help to increase circulation and boost your immune system.

60 min | Rs 2,150



Kairali's Body Treatments

Kairali's Coconut Body Polish

Coconut, a household ingredient in India, has many uses to its name. As a natural skin softener, it has been used for centuries. The body will be gently exfoliated and moisturised with a mix of ingredients. This treatment has a cooling effect on the body.

60 min | Rs 2,150

Kairali's Royal Makeover

This is KAIRALI'S special therapy to make you feel Royal

- Head massage
- Body scrub
- Full body Ayurvedic Massage
- Eye wash
- Mukha Lapam
- Body wrap
- Head pack
- Steam bath

120 min | Rs 5,500





Ayurveda by Kairali Ayurvedic Group (Kerala | India)

Kairali Ayurvedic Group encourages a comprehensive approach to health, which understands the individual as a complex combination of elements capable of being brought into harmony. We are committed to enhancing positivity and wellbeing in individuals, the environment and the global community. Kairali continues to advance the use of Ayurvedic practices around the world to give our clients the best wellbeing experience.

Nasyam | For the Sinus

Administration of herbal extract through the nostrils, followed by a herbal oil massage and steam for head and face. Effective for headache, sinusitis, migraine, stress.

30 min | Rs 1,350

Netradhara | For tired eyes

An effective treatment for the eyes that includes washing of the eyes with a medicated mixture of oils. It helps in removing the stress & strain of the eyes, bringing lustre to the eyes and soothing away wrinkles.

30 min | Rs 1,350

Mukha Lepam | For the face

An effective treatment for the eyes that includes washing of the eyes with a medicated mixture of oils. It helps in removing the stress & strain of the eyes, bringing lustre to the eyes soothing away wrinkles.

30 min | Rs 1,350

Thalapothichil | For the hair & nervous system

Head massage followed by a head pack with special herbal ingredients to relieve from stress and give a glow to the hair.

30 min | Rs 1,550

Abhyangam (with steam bath) | For the body

A traditional and soft head to toe massage to rejuvenate the body and maintain physique.

60 min | Rs 2,300

Poultice neck & head massage

Supports the nervous system by alleviating stress and stimulates the lymphatic system, encouraging the elimination of toxins. Head massage can also be used to stimulate hair growth, improve concentration, and relieve migraine pain.

30 min | Rs 1,200

Shirodhara (with steam bath) | For the mind

Oil is dripped gently and continuously across the forehead to revitalize the mind and body. Dhara is also a special massage therapy for stress and strain, while reducing hypertension.

60 min | Rs 2,650

Podikizhi (with steam bath) | For body pain

This massage helps detoxifying the body and in reducing body/muscular pain. It is also very effective for people suffering from arthritis.

60 min | Rs 2,900



Age Summum Treatment

This treatment works to reduce the visible appearance of aging signs such as fine lines, wrinkles, and sagging, making them look less pronounced. The skin becomes rejuvenated, giving a more youthful and fresh appearance. Wrinkles and fine lines are visibly softened, leading to a smoother skin texture. The treatment enhances skin firmness, making the face look more toned and lifted, reducing the appearance of sagging. Dark spots, pigmentation, or age spots are lightened or diminished, resulting in a more even skin tone. The complexion becomes brighter, glowing with a healthy and luminous look. The skin's resilience and tightness are improved, providing a more toned and elastic feel.

75 min | Rs 4,600

Hydra Peeling Treatment

The Peeling Hydrabrasion for Sensitive Skin is a skin-renovating treatment designed to address multiple skin concerns while being gentle on sensitive skin. The treatment helps reduce the appearance of fine lines, wrinkles, and other aging signs by exfoliating the skin's surface and promoting the regeneration of fresh, youthful skin. It works to restore the skin's natural glow, leaving it looking fresh, rejuvenated, and more luminous. The exfoliation process helps fade dark spots, pigmentation, and discoloration, leading to a more even and balanced skin tone. The treatment helps to brighten the skin, giving it a healthy, youthful glow and improving overall skin clarity.

75 min | Rs 3,850



Hydraclean Treatment for men

The Hydraclean Treatment for Men is a specialized deep cleansing facial designed to target specific skin concerns, particularly in the T-zone, which tends to accumulate excess oil and impurities. The treatment thoroughly cleanses the skin, effectively removing dirt, excess oil, and other impurities from the pores. It focuses especially on the T-zone, an area prone to blockages and breakouts. By cleansing deeply, the Hydraclean treatment helps to clear up the skin, preventing clogged pores and promoting a fresh, smooth complexion. The treatment not only cleanses but also brightens the skin, leaving it with a healthy glow and improved texture. The Hydraclean treatment uses a unique, world-first technique, ensuring a thorough cleanse and optimal results. This treatment is tailored for men, especially those who may struggle with oiliness or clogged pores in the T-zone. By combining deep cleansing with a radiance-boosting effect, it revitalizes the skin and promotes a fresher, clearer look.

60 min | Rs 2,300

Pure Balance Treatment

The Pure Balance Treatment is a purifying and anti-imperfection facial designed to restore balance to the skin, especially for those dealing with excess oil, blemishes, or uneven texture. The treatment helps restore the skin's natural balance by regulating oil production and promoting overall skin health. This is particularly beneficial for oily or combination skin types. It targets blemishes, acne marks, and other imperfections, helping to fade them and improve the overall clarity and appearance of the skin. The treatment works to visibly shrink and tighten enlarged pores, giving the skin a smoother and more refined texture. The skin is left looking clear, glowing, and healthy without excess shine, offering a beautiful matte finish. The complexion also becomes more even-toned. This exclusive treatment is ideal for those looking to balance and purify their skin, especially for those struggling with imperfections or oily skin. It helps clear out impurities, tighten pores, and create a fresh, radiant, and balanced complexion.

75 min | Rs 3,000

Detoxxygen

75 min | Rs 3,500



Facials by Shahnaz Herbals

Shahnaz Herbals has taken India's Ayurvedic tradition to every corner of the globe, offering the best and purest herbal care to the people. Based on Ayurveda and the principle of "Care & Cure", Shahnaz Herbals products offer a line of proprietary treatments for Skin, Hair and Body that enhances the benefits of its products and ensures the best result.

Thermoherb Facial | Anti ageing

The Thermoherb Mask is a mini face-lift, which deep cleanses, restores balances and tightens the skin. Based on an ancient thermal mask, it has been improved with herbal extracts. The mask hardens, generates heat and creates the ideal temperature between itself and the skin, at which skin absorption is highly efficient. As it hardens, it tightens the pores, sculpting the facial contours, minimizing wrinkles and improving skin elasticity. The Thermoherb mask itself contains extracts of rose, basil and mint.

75 min | Rs 2,650

Vegetable Peel Facial | For blemishes

A powerful treatment for acne prone skin, scars and blemishes, restoring health and beauty to the skin. The herbal extracts not only help to heal and soothe the skin, but also aid the regeneration of new cells.

60 min | Rs 1,800

Herbal Facial | For all skin types

The herbal facial will help to maintain the youth and natural beauty of the skin through natural & herbal products.

60 min | Rs 1,800

Pearl Facial | For oily skin & pigmentation

Based on Ayurveda, the Pearl Facial uses products which contain powder of pearls. Research has revealed that pearls influence the transfer of melanin (natural pigment) to the skin surface, filtering the sun's rays and counteracting sun damage. Pearls also contain powerful nutritive elements, like amino acids, minerals and proteins, which strengthen the skin and improve its moisture retention ability. The facial gives way to a healthy radiant skin, with an even colour tone.

90 min | Rs 2,500

Body Milk Therapy | Nourishes, conditions, softens

Milk & honey offer delicious body treatments, along with scrubs and steams. These treatments strongly focus on the largest organ of your body, your skin. Our body treatments not only provide relaxation, but noticeably softer skin and detoxification through exfoliation, hydration, and massage. Ideal for problematic and really dry skin.

90 min | Rs 3,350



Couple Treats

Couple's Treat (For 2)

Indulge yourself with your dear one in our couple's room with scented candles for a welcome foot ritual, mini facial and an aromatherapy massage. For the pair who wants to share in the benefit of relaxation as much as experiencing it themselves, nothing is better than a Kairali's couple's treat.

105 min | Rs 5,550

Treat for Seniors

A pampering treat for our Seniors with head massage, mini facial and foot massage.

75 min | Rs 1,800

Mother to Be

Pregnancy Treat

A pampering 45min body massage for the mother to be that helps alleviate upper and lower back pain, aching knees and the overall fatigue often associated with pregnancy, this is followed by a mini-facial for a more relaxed moment.

75 min | Rs 2,050





Treats for Teens * (13 to 17 years old)

Facial Clean Up

A gentle facial will help clean out blackheads and clogged pores caused by oil production. Herbal skin care products are used to properly prepare and soften the skin.

45 min | Rs 1,200

Mini-Manicure OR Mini-Pedicure

30 min | Rs 750

Teens Massage

A relaxing body massage for the teens.

45 min | Rs 1,200

Back & legs massage

Muscle relaxation massage for the back and legs.

45 min | Rs 1,000



Hands & feet

Manicure

A cosmetic treatment of the hands involving shaping, removal of the cuticles, softening of the skin and nail polish application.

60 min | Rs 950*

Pedicure

A cosmetic treatment of the feet involving shaping, removal of the cuticles, softening of the skin and nail polish application.

60 min | Rs 1,100*

Shape, Cleanse & Polish

Normal

Rs 500

French

Rs 600

*Add on French polish Rs 250

Threading

Eyebrows

10 min | Rs 200

Upperlips

10 min | Rs 200

Chin

10 min | Rs 200



Waxing for Her*

Bikini line

15 min | Rs 800

Underarms

15 min | Rs 500

Chest

20 min | Rs 600

Full arms

30 min | Rs 1,000

Back

30 min | Rs 1,000

Half legs

30 min | Rs 900

Face

30 min | Rs 950

Full legs

40 min | Rs 1,300

Oriental

40 min | Rs 1,500

Belly

40 min | Rs 600

Waxing for Him*

Chest

40 min | Rs 700

Back

40 min | Rs 1,400

Belly

40 min | Rs 600

*Add on Rs 250 for excess hair





Add Me On...*

An extra time To Toss The Tox.

- Add on massage | Rs 500
- Eyes Treatment – for fine lines and wrinkles | Rs 500
- Hot Stone Therapy | Rs 600
- Hands & arms massage | Rs 500
- Quick pulping face massage | Rs 500
- Body Brush (Pre-treatment) | Rs 500
- Steam Bath (Post-treatment) | Rs 800
- Express manicure | Rs 450

15 min

- Back exfoliation | Rs 600
- Mini booster facial | Rs 600
- Back Podikizhi | Rs 800
- Express pedicure | Rs 450
- Relaxing neck & shoulder massage | Rs 900

20 min

- Mini facial | Rs 1,500
- Mini reflexology | Rs 1,200

30 min



Pre-Wedding Packages

Our pre-wedding bridal packages are impeccably created to help you be pristinely beautiful, restored and revitalised, ready for the big day. So, let us take care of your beauty and make-over needs as you relax and indulge in your wedding bliss, and emerge effortlessly as a Dream Bride or Groom.

Happy Groom

- Kairali's Body Polish
- Herbal Facial
- Manicure
- Pedicure

3h | Rs 4,600

Happy Bride

- Kairali's Body Polish
- Herbal Facial
- Manicure
- Pedicure

3h30 | Rs 4,600

Radiant Bride

- Kairali's Body Polish
- Herbal facial
- Manicure
- Pedicure
- Waxing Full Arms
- Waxing Full Legs
- Waxing Underarms
- Waxing Oriental

5h | Rs 8,000





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